

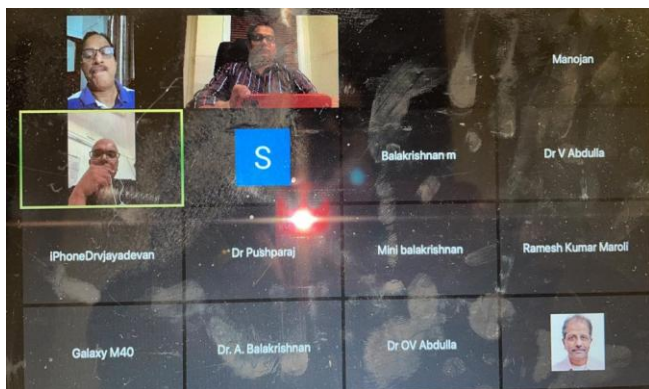


IMA TELLICHERRY  
NEWS LETTER – FEBRUARY 2021

**ORGANIZATIONAL  
ACTIVITIES**

**01.02.2021: Emergency GB – Hunger Strike Against Mixopathy**

Thalassery IMA conducted an Emergency GB Meeting on 01.02.2021. Topic was “Hunger Strike Against Mixopathy”. Dr. Sajeev Kumar P B (President IMA Thalassery) presided the function. A total number of 70 members attended. Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery) proposed vote of thanks.



**03.02.2021: Relay Hunger Strike**

Strike at Open Stage, New Bus Stand, Thalassery. The Strike was

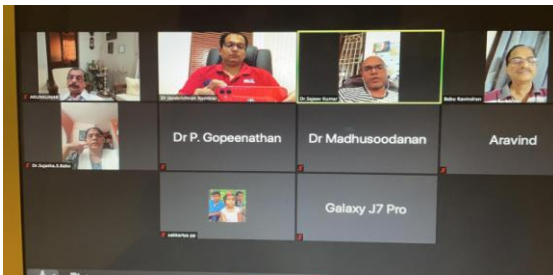
inaugurated by Dr. Babu Raveendran T N (Past National Vice President). Welcome by Dr. Sajeev Kumar (President IMA Thalassery), Presided by Dr. Sasidharan K (Chairman, District Committee). Address by Dr. Srikumar Vasudevan (Past State President IMA). Vote of thanks proposed by Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery). WIMA and IMA members joined the strike. Dr. Sajeev Kumar P B (President IMA Thalassery), Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery), Dr. Suresh Babu (President IMA Panoor), MPH Co-ordinator Dr. Mini Balakrishnan, Kuthuparamba IMA President Dr. Hemalatha & Secretary Dr. Geetha took part in strike. It was well co-ordinated by Dr. Sashidharan (District Committee Chairman). Posters and pamphlets were distributed to the public. Press Conference was conducted on previous day of strike. Vide publicity

were given through face book live, Live zoom meeting and Youtube which was attended by IMA State President, State Secretary, Past Presidents ,Social and political leaders, KGMOA, KAMOA, IDA, MSN Pvt Hospital, Lions club etc.. joined the strike.



**10.02.2021: Executive Committee Zoom Meeting**

Zoom Meeting on 10.02.2021. President welcomed the gathering. 30 members attended the Zoom meeting. Vote of thanks was proposed by Dr.Jayakrishnan Nambiar.



**16.02.2021:Building Committee meeting**  
Building committee meeting conducted on Zoom Platform.10 members attended the Zoom meeting.

**19.02.2021: Building Committee meeting**

Building committee meeting conducted on Zoom Platform.12 members attended the Zoom meeting.

**23.02.2021:Building Committee meeting**

Building committee meeting conducted on Zoom Platform.14 members attended the Zoom meeting.

**ACADEMIC ACTIVITIES**

**27.02.2021: Dr. Albert Kallat Memorial Oration**

Dr. Albert Kallat Memorial Oration was delivered on 27<sup>th</sup> February 2021 at Zoom Platform. Dr. RAJESH KUMAR J S, *HOD of Intensive Care, Aster MIMS, Kannur* delivered the oration. The topic was “EARLY IDENTIFICATION AND

RESUSCITATION OF SEPSIS". Dr. Sajeev Kumar P B, President IMA Thalassery welcomed the gathering and presided the function. Prior to the meeting Late Dr. Albert Kallat was remembered by Dr. Arun Kumar M K. Dr. Pushparaj S R introduced the guest speaker. The oration was attended by 65 members including Late Dr. Albert Kallat's wife Mrs. Rejani Kallat. Vote of thanks proposed by Dr. Jayakrishnan Nambiar.



## SOCIAL ACTIVITIES

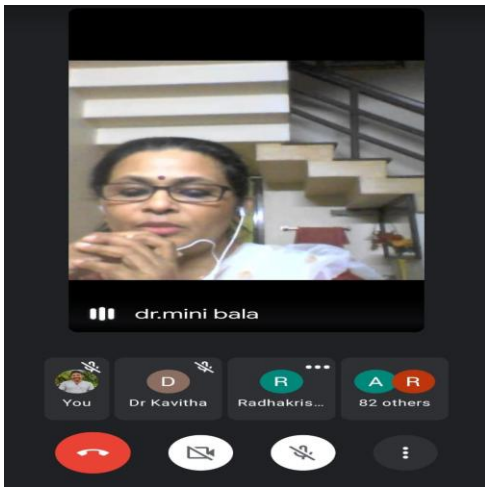
### Awareness Class

18.02.2021: An Awareness Class for the Adolescents was conducted at Zehra College for Plus Two students on **Menstrual Hygiene and Reproductive Health** at IQQRA School by Dr. Mini Balakrishnan, Dr. Sakkariya P P and Dr. Hassan. Around 60 students and their parents attended was an interactive Session. Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery) presided the function.



19.02.2021: A Zoom online session was conducted for Souhridaya Club of Govt Sreekandapuram HSS for 10<sup>th</sup> and 11<sup>th</sup>

students by Dr. Shyjus and Dr. Mini Balakrishnan on Mental Health and Gender equality. Dr. Ajitha P N (State Chairperson) and Dr. Kavitha Ravi (Vice Chairperson) were the guests of honour. Around 100 students and parents attended. Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery) presided the function.



23.02.2021: Dr. Suchitra Sudhir took an awareness class on Women's Health for Kudumbasree workers at Mattannur Municipality.

24.02.2021: A counseling session for differentially abled children and parents on Zoom platform was conducted by Dr. Dilnath Kallat, Dr. Sobikrishnan and Dr. Shyjus.



25.02.2021: An awareness video session on Anemia was done by Dr.Suchitra Sudhir for Panoor CDS.



### BLS Training Programme

18.02.2021: BLS and First AID Class for the NSS & NCC Volunteers at Govt Brennen College, Thalassery by Dr.Sakkariya P P. The class was organized by IMA Thalassery. Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) co-ordinated the function.

25.02.2021: An awareness class on Adolescent Health issues was taken at IQRA College, Panoor by Dr.Mini Balakrishnan. Dr.Hassan and Dr.Sakkaria gave felicitations. Around 50 students and parents attended. Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) proposed the vote of thanks.



## **OBSERVATION OF IMPORTANT DAYS**

### **04.02.2021: World Cancer Day**

World Cancer Day observed at Co-OP Hospital, Thalassery. Co-ordinated by Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery)

### **05.02.2021: Anti Leprosy Week Ends**

Anti Leprosy Week Ends was observed at Co-operative Hospital, Thalassery, co-ordinated by Dr. Sajeev Kumar & Dr. Jayakrishnan Nambiar.

## **SPECIAL PROJECTS OF THE BRANCH**

### **IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home

visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

### **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

### **Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as the association is benefited.

### **MISCELLANEOUS** **Nammude Arogyam:**

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 900 copies

being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.



### **PUBLIC RELATIONS & SOCIAL INVOLVMENT**

24.02.2021: Dr.Jayakrishnan Nambiar (Secretary IMA Thalassery) Inaugurated the ICDS Programm at Panoor. Felicitated Srimathy Prasanna Teacher for receiving the national award for the excellent work done as Covid 19 frontline worker. Also felicitated Chokli and Panniannoor Panchayaths for receiving Mahatma awards.